





- لماذا تزيد الاصطدامات الأسرية في فترة الأزمات؟
- نقاط مهمة للتخفيف من القلق وتحقيق السلام
- هل يمكن أن يكون الوضع الحالي فرصة!





#STAY HOME #STAY SAFE وول #وانت_ف_ستك #حماية_لوطنك



The first lecture was on April 9 presented by Ms. Reem Al Quaiti, Academic Support Officer at the University.

The second lecture was presented by Mr. Turki Khan, CEO and co-founder of the company "Kon" for Coaching and Consulting.

Mr. Khan is a coach and a globally accredited consultant in marital relations, family, education, and goal setting. He is the author and presenter of the family relations program "Kiyan", which is aired on the Mix FM Radio