

# Cloth Mask

## When to wear it?



Whenever you are going out

## Types of fabric:



Preferably cotton



Avoid lightweight fabric  
e.g. Chiffon, or linen etc.

## How it should be?



It should be snugly but  
comfortably against the sides  
of the face



Could be secured with  
a string that goes  
around your ears



Multi layered but still  
allows you to breath  
easily



Must be washable  
and reusable without  
causing any damage  
or change to its shape

## How to clean it?



A machine wash using water and a mild detergent,  
then letting it dry completely in a hot dryer, and  
stored in a clean container or bag is sufficient

## Misuses:



Sharing your cloth mask with others and not  
cleaning it very often will make it a source of  
infection

## May not be worn by:



Young children  
under age 2



Anyone who is unconscious,  
or has trouble breathing,  
or disabilities or otherwise  
unable to remove the mask  
by themselves

## How to remove it?



Avoid touching your eyes, nose, and mouth when  
removing it and wash your hands immediately  
afterwards



# الوقاية من فيروس كورونا هي مسؤولية مشتركة

**Prevention of COVID-19  
is a mutual responsibility**

**نعود بحذر**